

Elizabeth Ball

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Survey questions

The five dimensions of well-being:

- 1) Health
- 2) Safety
- 3) Love/Belonging
- 4) Esteem
- 5) Self Actualization

Survey Questions:

- 1) Do you find yourself feeling sick or rundown on a regular basis (ie: every couple of months or more often)?
- 2) Would you feel comfortable leaving your door unlocked at night?
- 3) Will you be eating your dinner alone tonight?
- 4) Do you have people in your life who lift you up on a regular basis?
- 5) Do you feel like there's currently a tangible effort to better the community?

These questions are based off of Maslow's Hierarchy of Needs. I felt as though this would be the best framework because it is a reputable and well-tested theory. These questions are little more abstract and as such, identify deeper layers of each issue. Asking someone straight up whether or not they feel safe might not get at the nuances of that fact of life. Furthermore, the participants would have to think about that question a little longer, as it's something that they might not be thinking about on a regular basis. It's simply too complex of a subject. However, if you ask someone, "would you feel comfortable

leaving your door unlocked at night” they will automatically know the answer, making it easier to interpret that data. This unorthodox question will also yield more nuance, since it is playing on safety, trust, security, and values. The same rule applies for asking someone, “are you eating alone tonight” in order to get at the issue of love and belonging. Ask someone, “do you feel loved” and it might be hard for someone to choose yes or know. However, ask them #3 and they can give a definitive answer that will greatly aid in analysis of the area. Question #5 strays from the model of Maslow's Needs, but it will be a key question to ask when we're trying to identify if the area actually needs help. If there's a large and elaborate effort to better a community, but a majority of the population does not feel affected by this effort, it is essentially useless and represents a major need.