Sports and Physical Education Timeline

776 BC	The first ancient Olympiad is held. Tradition of elite male to prove their total excellence physically, mentally, and morally. Gave wreath to winner. Early events: Boxing, footrace, archery, spear throwing, discus
394 AD	Ancient Olympics halted by Theodosius
1420	Vittorino da Feltre, an Italian physican, begins childhood physical education classes.
1457	Earliest reference to golf (Scotland)
1541	Earliest written report of curling (Scotland)
1814	Denmark's School Bill of 1814 introduced by Nachtegall establishes first ever mandatory physical education
1819	Jahn is arrested - As a result all Turnen (gymnastics) is banned in Germany
1823	Catharine Beecher founds Hartford seminary for girls (American Style - Calisthenics)
1823	William Webb Ellis invents rugby
1823	Round Hill School opens
1825	Charles Beck becomes first physical education teacher in U.S. at Round Hill School. (German system – Gymnastics)
1826	Charles Follen opens the first college gymnasium at Harvard
1826	Charles Follen opens the first public gymnasium in Boston
1844	YMCA founded in London by by George Williams
1859	First intercollegiate baseball game - Amhearst(72) vs. Williams College(32)
1860	Bean Bags invented by Dio Lewis
1861	The Normal Institute of Physical Education is founded in Boston
1861	Amhearst becomes first college to establish a men's physical education program
1866	California becomes first state to pass physical education legislation.
1869	First professional baseball team - the Cincinnati Red Stockings
1874	W.C. Wingfield invents lawn tennis
1875	Captain Matthew Webb becomes 1st person to swim the English Channel
1875	National Bowling League is formed
1876	The National League of Professional Baseball Clubs was formed
1879	National Association of Amateur Athletes of America is formed (forerunner of the AAU)
1880	United States Lawn Tennis Association is organized
1882	American Association of Baseball is formed
1883	Hartvig Nissen started teaching Swedish gymnastics in Washington, D.C. (Swedish System – Graceful)
1885	Nils Posse started teaching Swedish gymnastics in Boston, Massachusetts
1885	Debate between the Battle of the Systems oranized by William G. Anderson, M.D
1885	American Association for the Advancement of Physical Education founded (AAAPE)

1888 The Amateur Athletic Union is formed and holds first meeting in Detroit 1889 Boston Conference on Physical Training (Hartwell) 1889 Boston Normal School of Gymnastics founded 1891 James Naismith invents Basketball 1892 Ohio passes mandatory physical education law 1893 Led by Baron Pierre de Coubertin, Congress of Paris voted to restore Olympic games. 1895 Volleyball is invented by William George Morgan originally called "mintonette" 1896 First modern Olympics held in Athens 1897 Wisconsin passes mandatory physical education law 1899 North Dakota passes mandatory physical education law 1899 North Dakota passes mandatory physical education law 1890 American League of Baseball formed 1901 Pennsylvania passes physical education law 1903 First World Series - Boston vs. Pittsburg 1906 Playground Association of America founded 1907 Boy Scout Movement founded for promotion of physical recreation 1911 Michigan passes mandatory physical education law 1913 Idaho passes mandatory physical education law 1915-18 Eight states pass physical education legislation requiring some sort of physical training in the schools - Illinois, New York, California, Nevada, New Jersey, Rhode Island, Delaware and Maryland 1919-25 flow of the State of St	1887	Invention of Softball
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1972	Title IX bans sexual discrimination in schools for academics and athletics
1981	AAHPERD Heath-Related Physical Fitness Test
1994	Physical Best fitness testing program established
2000	PEP (Physical Education for Progress Act) bill is approved by congress
2001	Bush Administration imposes a moratorium on the PEP bill