The Celebrant continues

Holy indeed are you, O God, and holy is your eternal Word, your living Wisdom, the firstborn of all creation, who, for us and for our salvation, took flesh in the womb of Mary, was born and lived among us. And, being found in human form, he humbled himself, even to death on a cross, to deliver us from sin and death and to exalt us to everlasting life.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon it and any other vessel containing wine to be consecrated.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said, “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and people.

Christ has died.
Christ has risen.
Christ will come again.
Remembering all that was done for us: the cross, the tomb, the resurrection, ascension, and looking for Christ's coming in power and great glory, we offer your own gifts to us: this bread and this wine. Look with favor on your people's sacrifice, and send your Holy Spirit to sanctify these gifts, that this bread may be the Body of Christ, and this wine the Blood of Christ, that all who receive them may be made one in Christ, and be filled with the grace of your life-giving Spirit.

Remember our sisters and brothers in every place. And grant that they and we, united in communion with (the Blessed Virgin Mary, N. and) all your saints, may glorify your name for ever, through Jesus Christ our Savior and our God.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, and glory, and praise, for ever and ever. Amen.