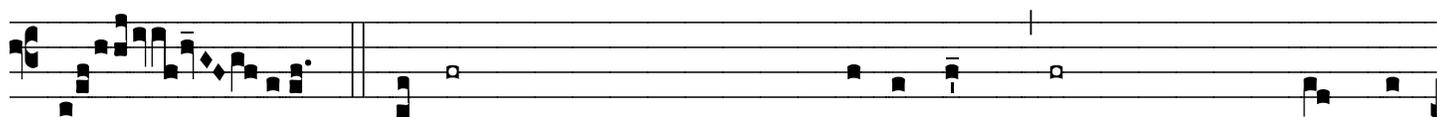


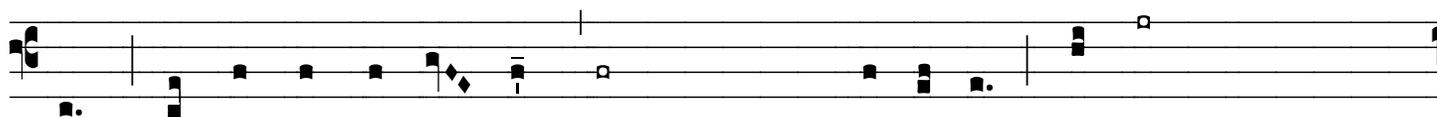
Lesson 3 for Tenebrae

Lamentations 1:10-14

Rebecca Moloy & William Gartig



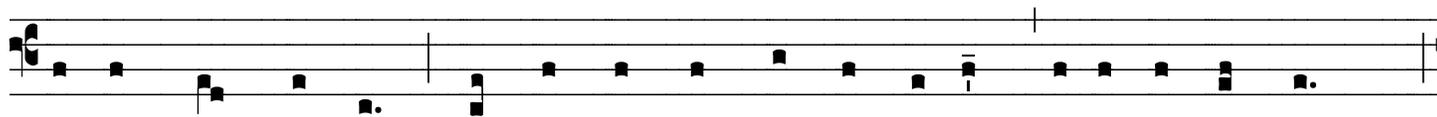
Yodh. The adversary has stretched out his hand to seize all her pre-cious



things; she has seen the Gen - tles invade her sanc-tu - a - ry, those whom you had for-



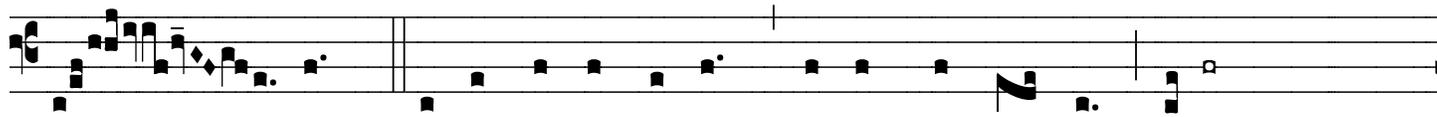
bid-den to en - ter your con-gre-ga - tion. *Kaph.* All her peo-ple groan



as they search for bread; they sell their own chil-dren for food to re-vive their strength.



“Be - hold, O Lord, and con - sid - er, for I am now be - neath con - tempt!”



La - medh. Is it noth-ing to you, all you who pass by? Be-hold and see if



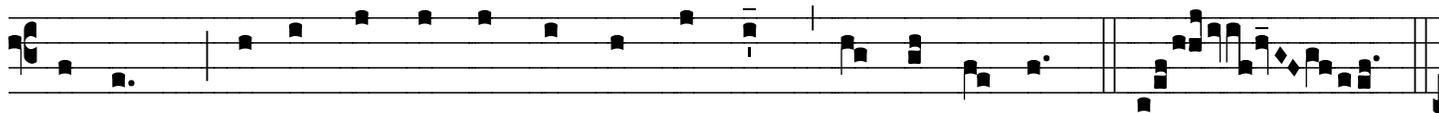
there is an - y sor-row like my sor-row, which was brought upon me, which the Lord



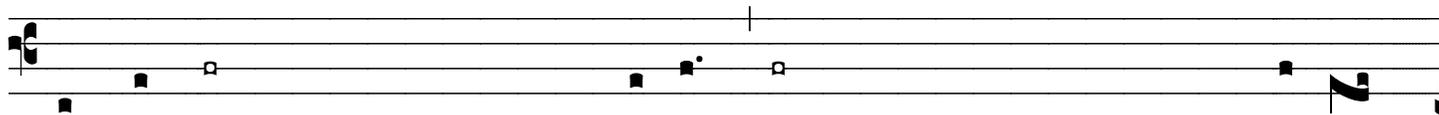
in-flict-ed, on the day of his burn - ing an - ger. *Mem.* From on high



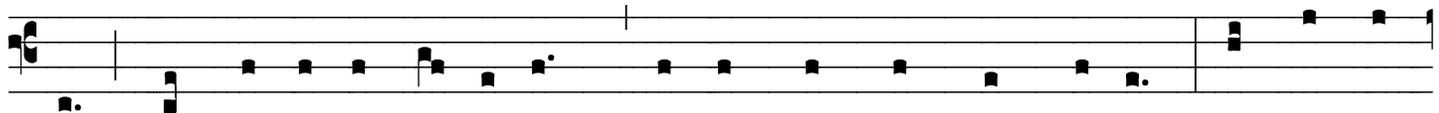
he sent fire, into my bones it de-scend-ed; he spread a net for my feet, and turned



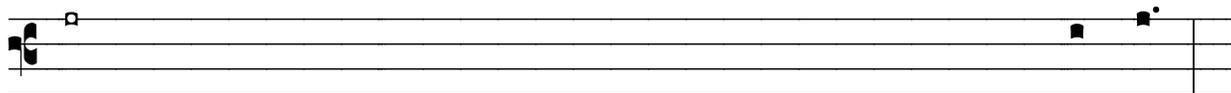
me back; he has left me des - o - late and faint all the day long. *Nun.*



My trans-gressions were bound into a yoke; by his hand they were fastened to-geth -



er; their yoke is up - on my neck; he has caused my strength to fail. The Lord has



delivered me into their hands, against whom I am not able to stand up.



Je - ru - sa - lem, Je - ru - sa - lem, re - turn to the Lord your God!