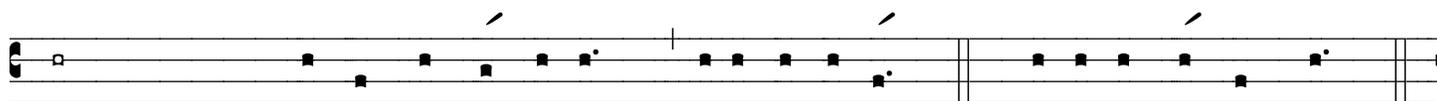
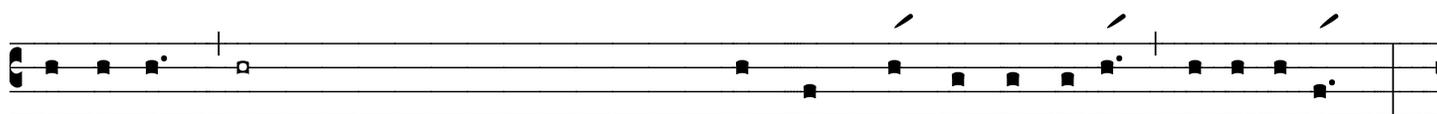


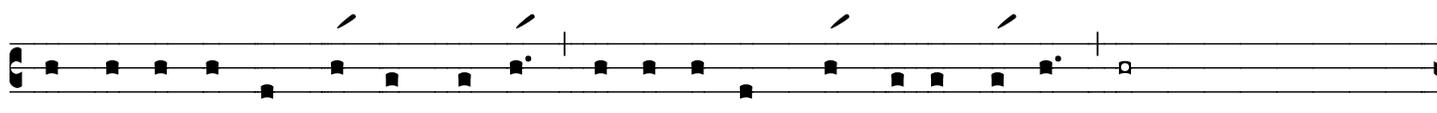
John 6:56-69 (Year B, Proper 16) (NRSV)



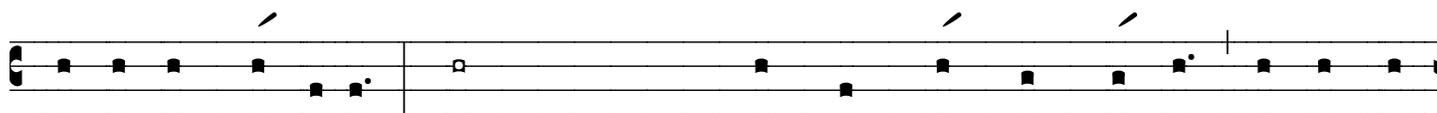
✠ The Holy Gospel of our Lord Je - sus Christ according to John. ✠ *Glory to you, Lord Christ.*



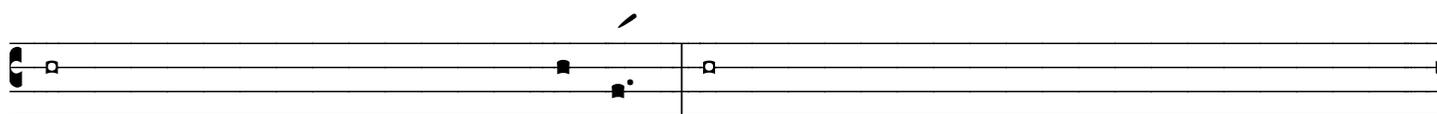
[Je-sus said:] Those who eat my flesh and drink my blood a-bide in me, and I in them. 57



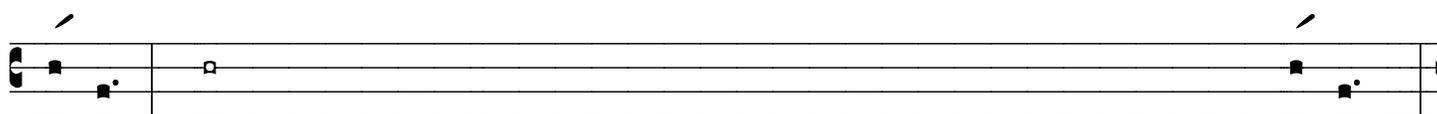
Just as the liv-ing Fa-ther sent me, and I live be-cause of the Fa-ther, so whoever eats me



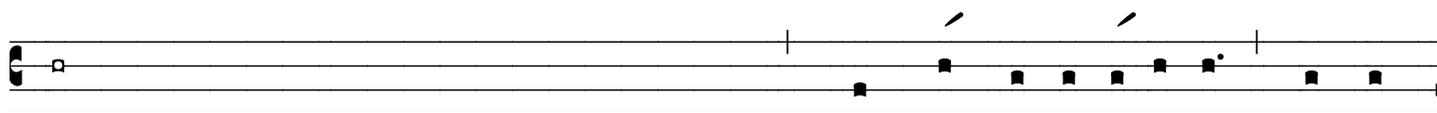
will live be-cause of me. 58 This is the bread that came down from heav-en, not like that



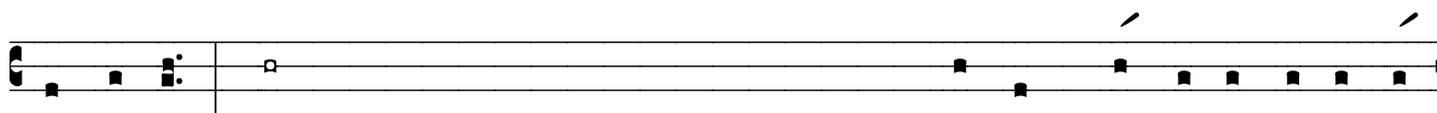
which your ancestors ate, and they died. But the one who eats this bread will live for-



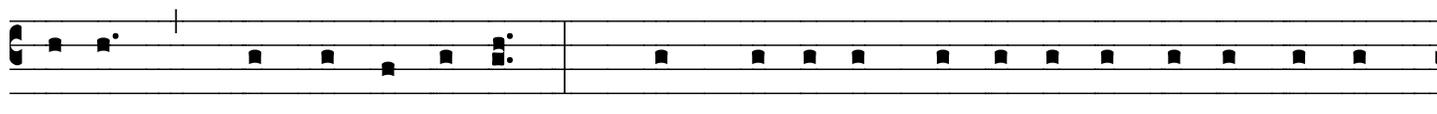
ev-er.” 59 He said these things while he was teaching in the synagogue at Ca-per-naum.



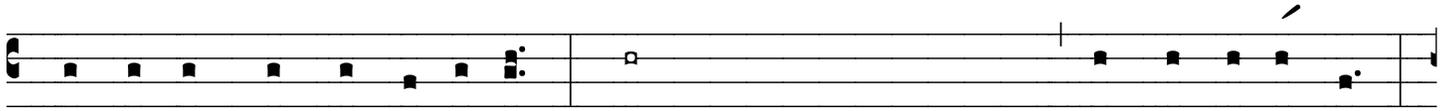
60 When many of his disciples heard it, they said, “This teach-ing is dif-fi-cult; who can



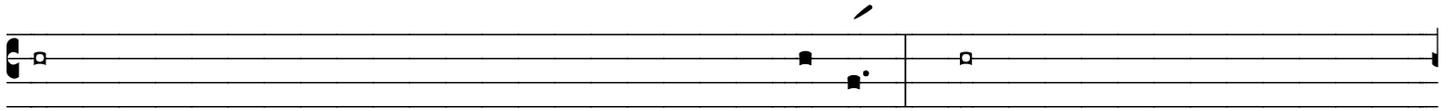
ac-cept it?” 61 But Jesus, being aware that his disciples were com-plain-ing a-bout it, said



to them, “Does this of-fend you? 62 Then what if you were to see the Son of Man as-



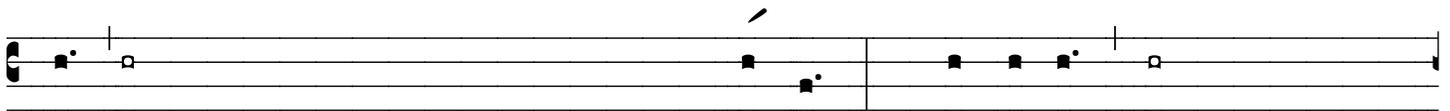
ending to where he was before? **63** It is the spirit that gives life; the flesh is use - less.



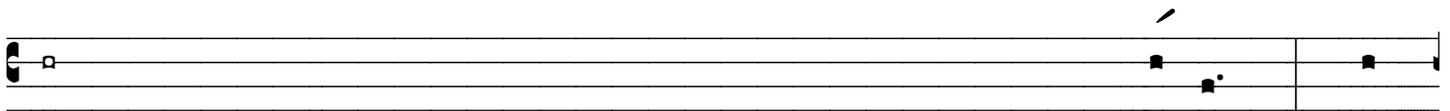
The words that I have spoken to you are spirit and life. **64** But among you there are some



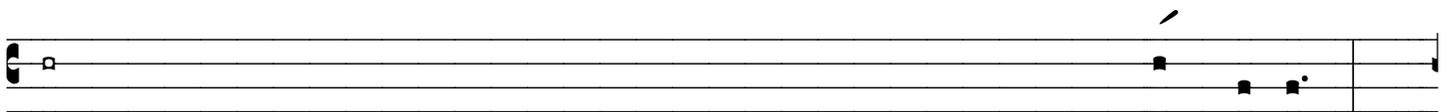
who do not believe.” For Jesus knew from the first who were the ones that did not be-



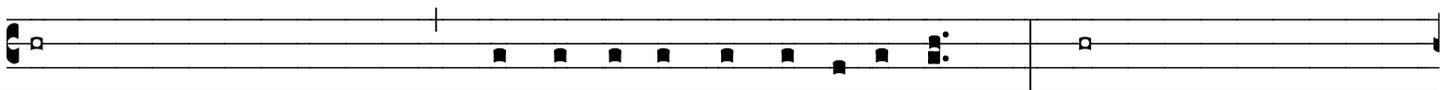
lieve, and who was the one that would be - tray him. **65** And he said, “For this reason I



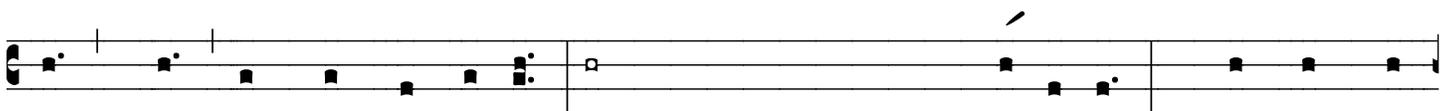
have told you that no one can come to me unless it is granted by the Fa - ther.” **66** Be -



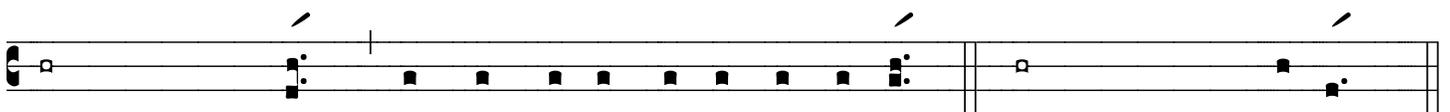
cause of this many of his disciples turned back and no longer went a-bout with him. **67**



So Jesus asked the twelve, “Do you al-so wish to go a - way?” **68** Simon Peter answered



him, “Lord, to whom can we go? You have the words of e-ter-nal life. **69** We have come



to believe and know that you are the Ho-ly One of God.” **✠** The Gospel of the Lord.