

MEDICAL MYSTERY | Hayden Romero

Use this document to help you follow along through all of the modules. You will need a writing utensil to fill out the charts below as you complete each section.

Module One: Meet Hayden Romero

- What information in the passage above can help you figure out what is wrong with Hayden?
- What symptoms did Hayden describe having?
- If you were Hayden's doctor, what questions would you ask to help figure it out?

Hayden's symptoms:	Questions?

Module Two: Doctor's Notes

- What are some interesting things that the doctor wrote down?
- Create a chart (below) comparing the two issues that the doctor suggested a specialist might help:
- Looking at all of his symptoms, which of the two specialists-- A therapist or a GI doctor-- do you think Hayden would benefit more from?

Signs it might be a mental health related illness:	Signs it might be related to a GI issue:

Module Three (PART A): Getting A Diagnosis

- What issues might Hayden be having that a psychiatrist could address?
- What questions would you ask Hayden if you were the psychiatrist?

Module Three (PART B): Getting A Diagnosis

- What was Hayden Romero's official diagnosis: _____
- 1 in 5 people ages 13 to 18 will suffer from an anxiety disorder. **TRUE** **FALSE**
- People often think they have something wrong with their physical body, like the flu, when they start to feel the symptoms of generalized anxiety disorder.
TRUE
FALSE
- What were the two recommendations that Dr. Reynolds gave to Hayden as to best treat his disorder?

Module Four: Working Through the Diagnosis

- Even if you've never been diagnosed with any anxiety related disorders, everyone deals with stress and anxiety over their lifetime. What safe spaces are you able to use that help you cope? If you can't think of any, what are some you'd like to start?
