I am experiencing symptoms of COVID-19 OR I was in close contact with someone who tested positive for COVID-19 within the past 14 days.

WHAT DO I DO?

FLOWCHARTS ARE INTENDED FOR GENERAL GUIDANCE, PLEASE CONTACT YOUR HEALTHCARE PROVIDER FOR INDIVIDUAL GUIDANCE.

You test negative.
Quarantine and retest after 5 days. If still negative, then leave quarantine on day 7, if no symptoms develop.

You test positive.
Isolate until:
• 10 days after start of symptoms AND
• No fever for 24 hours without medications AND
• Symptoms have improved.

SYMPTOMS
Symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, body aches, new loss or taste of smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea

ISOLATE
at home and contact your healthcare provider for immediate testing.

If you do not have a healthcare provider you can contact Health Services (859) 572-5650 or visit Northern Kentucky Health Department COVID-19 Testing site.

Please see the STUDENT COVID-19 FLOWCHART or EMPLOYEE COVID-19 FLOWCHART for next steps.

NO SYMPTOMS

QUARANTINE
Stay home, stay away from others and monitor for symptoms for 14 days. Contact your health provider for testing on day 3-5 of quarantine.

If you do not have a healthcare provider you can contact Health Services (859) 572-5650 or visit Northern Kentucky Health Department COVID-19 Testing site.

If negative, leave quarantine on day 7.

If positive, isolate until cleared by Health Department (typically 10 days).

ISOLATION: separates sick people with a contagious disease from people who are not sick.
QUARANTINE: separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. These people may have been exposed to a disease and do not know it, or they may have the disease but do not show symptoms.