UNVACCINATED - WHEN SHOULD I QUARANTINE OR ISOLATE?

I am experiencing symptoms of COVID-19 **OR** I was in close contact with someone who tested positive for COVID-19 within the past 14 days.
WHAT DO I DO?
FLOWCHARTS ARE INTENDED FOR GENERAL GUIDANCE, PLEASE CONTACT YOUR HEALTHCARE PROVIDER FOR INDIVIDUAL GUIDANCE.

SYMPTOMS
Symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, body aches, new loss or taste of smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea

NO SYMPTOMS

ISOLATE
at home and contact your healthcare provider **for immediate testing**.

If you do not have a healthcare provider you can contact Health Services (859) 572-5650 or visit [Northern Kentucky Health Department COVID-19 Testing site](#).

QUARANTINE
Stay home, stay away from others and monitor for symptoms for **14 days**.
Contact your health provider for testing on day 3-5 of quarantine.

If you do not have a healthcare provider you can contact Health Services (859) 572-5650 or visit [Northern Kentucky Health Department COVID-19 Testing site](#).

You test positive.
Isolate until**:**
- **10 days** after start of symptoms **AND**
- No fever for 24 hours without medications **AND**
- Symptoms have improved.

You test negative.
Quarantine and retest after 5 days. If still negative, then leave quarantine on day 7, if no symptoms develop.

If **negative,** leave quarantine on day 7.

If **positive,** isolate until cleared by Health Department (typically **10 days**).

Please see the [STUDENT COVID-19 FLOWCHART](#) or [EMPLOYEE COVID-19 FLOWCHART](#) for next steps.

ISOLATION: separates sick people with a contagious disease from people who are not sick.
QUARANTINE: separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. These people may have been exposed to a disease and do not know it, or they may have the disease but do not show symptoms.