Program Curriculum

Clinical Mental Health Counseling (M.S.)
- Counseling Core: 33 credit hours
- Mental Health Counseling: 12 credit hours
- Practicum: 3 credit hours
- Internship Mental Health: 6 credit hours
- Electives: 6 credit hours
Total: 60 hours

Core Counseling Curriculum (33 credit hours)
- COU 601 Legal and Ethical Issues in Counseling (3 credit hours)
- COU 610 Counseling Diverse Populations (3 CR)
- COU 620 Human Development (3 CR)
- COU 630 Career Counseling (3 CR)
- COU 640 Counseling Techniques (3 CR)
- COU 641 Theories in Counseling and Psychotherapy (3 CR)
- COU 650 Theories and Practice of Group Counseling (3 CR)
- COU 660 Assessment and Evaluation in Counseling (3 CR)
- COU 670 Diagnosis of Emotional & Mental Disorders (3 CR)
- COU 675 Substance Abuse and Addictions (3 CR)
- COU 680 Research Methods and Program Evaluation (3 CR)

Mental Health Counseling (12 credit hours)
- COU 600 Orientation to Clinical Mental Health Counseling (3 CR)
- COU 671 Treatment Planning in Counseling (3 CR)
- COU 674 Crisis Counseling and Crisis Intervention (3 CR)
- COU 642 Counseling Families and Couples (3 CR)

Electives (6 credit hours; each elective is typically offered once per year)
- COU 575 Mindfulness (3 CR)
- COU 594 Grief Across the Lifespan (3 CR)
- COU 602 Data-Driven Comprehensive School Counseling (3 CR)
- COU 621 Counseling Children & Adolescents (3 CR)
- COU 622 Crisis Intervention in Schools (3 CR)
- COU 654 Counseling Services in the Schools (3 CR)
- COU 673 Counseling At-Risk Populations (3 CR)
- COU 678 Counseling Supervision (3 CR)

Clinical Experiences (9 credit hours)
- COU 690 Practicum (3 CR)
- COU 691 Internship - Mental Health (6 credits required)

Total Credit Hours for M.S. in Clinical Mental Health Counseling: 60
Clinical Mental Health Counseling Program

Full-Time Schedule
Year One
• Fall
  o 600
  o 601
  o 660
• Spring
  o 620
  o 641
  o 680
• Summer
  o 610
  o 630
  o 675

Year Two
• Fall
  o 640
  o 642
  o 670
• Spring
  o 650
  o 671
  o 690
• Summer
  o 674
  o 691
  o Elective

Year Three
• Fall
  o 691
  o Elective

Part-Time Schedule
Year One
• Fall
  o 600
  o 601
• Spring
  o 675
  o 660
• Summer
  o 620
  o 630

Year Two
• Fall
• Spring
  o 640
  o 670
• Summer
  o 610
  o 674

Year Three
• Fall
  o 690
  o 650
• Spring
  o 671
  o 691
• Summer
  o 691
  o Elective

Year Four
• Fall
  o 642
  o Elective