

The following workshops, offered by the Northern Kentucky University Leadership Institute, are SSS Approved Workshops. Your attendance at four or more of these workshops will fulfill your grant aid requirement to attend...

Four or more SSS approved workshops during the semester.

When you attend any of the workshops listed below, please remember to:

1. Sign the attendance sheet at the workshop
2. Complete the evaluation form at the end of the workshop
3. Complete the Student Support Services workshop attendance verification form. If you receive grant aid the form will be emailed to you or you can download the form from the SSS website.

Northern Kentucky University Leadership Institute Workshops

Privilege in America - Between Barack and a Hard Place

Special Guest Tim Wise Tim Wise is one of the most respected anti-racist writers, activists, and educators in the U.S. He is the author of four books. His latest book, *Between a Barack and a Hard Place: Racism and White Denial in the Age of Obama*, is the first book since President Barack Obama's election that critically examines what his success means or does not mean for race relations in our society.

Monday, August 31, 12:15-1:30 pm, Student Union, 107-A (Ballroom)

All aboard the Transfer/Commuter Train

Chrissy Soards, NKU Athletics Are you a transfer and/or commuter student looking to get involved? Want to make the most of your college experience, while also balancing your time with school and work commitments? Learn that there are many opportunities for you that will work into your schedule!

Friday, August 28, 12-12:50pm, Student Union

Your Hoop Dreams Engage in a discussion related to *Thirteen Women Strong* after watching a clip from the movie "Hoop Dreams". During this session students will think about their dreams and how they can achieve them along with overcoming the obstacles that might stand in their way. Come prepared to have movie snacks and bring your copy of *Thirteen Women Strong* for an opportunity to have it signed by the author Robert Wallace.

Tuesday, September 1, 12:30-1:30pm, Student Union, 102

Marketing and the Media

Chris Cole, University Communications In this session you will learn how to market student organization events to the campus and into the surrounding community. You will learn about the resources that the university has to help you reach your audience and have a successful event. This session will teach you how to write effective press releases and how to effectively use technology to promote events. This workshop will also give tips on ways to properly deal with the media in times of crisis.

Thursday, September 10, 12:15-1:30 pm, Student Union, 302

Building the Team

Nancy Winstel, NKU Women's Head Basketball Coach In 25 years as head coach at NKU, Nancy Winstel has seen the Lady Norse compile a 548-184 record, make 18 NCAA Tournament appearances, be nationally ranked in 17 seasons, win or share nine Great Lakes Valley Conference championships and advance to the NCAA Division II Final Four in 1987, 1999, 2000, 2003 and 2008. Join this session to learn how she has maintained and led the Norse to success through her vision and teamwork style.

Tuesday, September 15, 3:30-4:30pm, Student Union, 302

The Balanced Leader

Brian Combs, Baptist Campus Ministry Effective leaders are both tough and tender. They must connect and empathize with others, but retain their values in difficult times. This

enables them to take criticism, handle conflict and perform well in times of confrontation. Join this interactive workshop to examine personal effectiveness in balancing the interior and exterior aspects of your life.

Thursday, September 17, 3:30-4:30pm, Student Union, 106

Money and Leadership

Jeff Varrone, College of Business Strong money management is an essential leadership tool. This workshop will answer your questions about sound financial strategies, fundraising ideas, and ways to help your group flourish with limited resources. This workshop will also discuss on campus and community resources for student organizations.

Monday, September 21, 1:00-1:50pm, Student Union, 302

What Are Advertisers Really Selling Us?

Special Guest Dr. Jean Kilbourne Advertising is an over \$200 billion a year industry. We are each exposed to over 3000 ads a day. Yet, remarkably, most of us believe we are not influenced by advertising. Ads sell a great deal more than products. They sell values, images, and concepts of success and worth, love and sexuality, popularity and normalcy. They tell us who we are and who we should be. This session will explore the effects of the media in our society.

Monday, September 21, 8 pm, Student Union, 107-A

Leadership Through Service

Leeann Luxenberger, KY Campus Compact Connect your interests with the community! This interactive session will focus on civic engagement and how your involvement in the community will help your personal character and leadership development. Learn how you can make a difference in your community and improve your resume.

Thursday, September 24, 3:30-4:30pm, SU104

Leadership without Titles

Michael Miller, High Impact Training Didn't get elected to an officer position? Are you an underclassman who has not had the opportunity to hold a leadership position? Have you just joined an organization and want to prove that you are a competent and committed member? This session will inspire you to reach your maximum potential. Join us and learn how to prepare yourself for leadership roles. This session will also help you discover what you can contribute, even if you are not in a major leadership role.

Monday, September 29, 2-3 pm, Student Union, 107-A

Interviewing 101

Michelle Simpson and Sarah Simpson, Cincinnati Bell Human Resources Your interviewing skills will make or your break your possibility of getting that dream job. Learn the tips and tricks that employers are looking for from these two Human Resource experts from Cincinnati Bell. Everything from what to prepare to how to dress will be covered!

Wednesday, September 30, 3:30-4:30pm, Student Union, 302

What's Your Leadership Style?

Gabe Cronon, NKLI

Who are you as a Leader? We will discuss what makes a good leader, ways to develop leadership skills and how to make the most of your leadership experience. Learn the strengths and challenges of your specific leadership style. This session is perfect for the emerging leader who is looking to get involved. This is also a great session that will teach you how to work in a group environment.

Monday, October 5, 3:00-4:00pm, Student Union, 109

Balancing Academics and Involvement

Frank Braun Leaders often struggle with how to combine interests and passions in their lives. Sometimes campus involvement can take the top priority and other important responsibilities get pushed aside. This session will focus on becoming a respected leader on campus, while keeping in mind the real reason that you are here- to GET AN EDUCATION!

Wednesday, October 7, 2:00-2:50pm, Student Union, 104

Etiquette Diner- Don't Fork Up!

Deidra Fajack and Carol Beirne, Alumni Programs Do you know which fork to use and when? Are you passing the salt and pepper together? If not, this is the program for you! This is a great way to help you get ready for the real world and formal business events. The program will include a three course meal and teach you the basics of etiquette. This function is a causal event. There is a \$5 fee to attend and you must pre-register a week before the event.

Monday, October 12, 7:00pm, Student Union, 107-A

Networking 101

Lee Whitley, Target Human Resources Social networking is now a normal part of our daily lives with the popularity of MySpace, Twitter, Facebook, etc. These sites are great for making "friends," but they do not always allow for real relationships. This session will focus on the importance of networking and why it is so vital to your future success.

Wednesday, October 21, 3:30-4:30pm, Student Union, 302

What are Employers Really Looking for? Are you prepared for the current job market? Do you have the skills that will set you apart from the competition? Join a career counselor to discuss what employers are truly expecting from college graduates.

October 22, 2:00-2:50pm, Student Union, 106

Leadership and Values in the Workplace

Jacquallynn Ammer-Riley, Procter & Gamble Human Resources Prepare for your internship/CO-Op or professional job NOW! This interactive workshop will give you tips on how to demonstrate your leadership experiences when writing your resume and answering interview questions. This session will also help you explore your personal values and how this knowledge will help you succeed in your first position.

Monday, October 26 from 1:00-1:50pm, Student Union, 302

Be A Healthy Student; Prioritize Your Health

Maggie Gough, Campus Wellness It takes a healthy mind, body and spirit to keep up with the demands of college student. Often times, the pressures of life cause us to lose sight of our own wellbeing. Do you sacrifice meals or sleep due to your busy schedule? Is your only workout running from class, to meetings, and then to study? If you find you are sacrificing your wellbeing, attend this session to get the information you need to prioritize your health.

Wednesday, October 28, 3:00-3:50 pm, Student Union, 109

The Emotionally Intelligent Leader

Marcy Levy Shankman & Scott J. Allen, authors of the *Emotionally Intelligent Leader: A Guide For College Students*

According to the authors, leadership is *all about relationships*. This session will help you develop your personal capacity to effectively engage with others by focusing on your consciousness of yourself, your consciousness of others, and your consciousness of the context in which you engage in leadership together. This workshop will give you an accurate assessment of your emotional intelligence level.

Thursday, October 29, 1:40-3:00 pm, Student Union, 102

I Can't Believe You Asked That!

Phillip J. Milano

What do blind people "see" in their dreams?

Why do white people smell like wet dogs when they come out of the rain?

Why do so many gay men love The Wizard of Oz?

Politically correct or not, these questions reflect natural, honest, human curiosity about the lives and experiences of other people. Nationally recognized diversity advocate Phillip J. Milano uses these and a host of other questions from the hugely popular Y? website to present an unflinching, occasionally bizarre and sometimes hilarious look at the taboo topics so many people wonder about - but usually don't dare ask.

Tuesday, November 3, 8:00pm, Student Union, 107-A

Game of Life

Presented by the Northern Kentucky Leadership Institute Ever wanted to know what it would be like in someone else's shoes for a day? The *Game Of Life* is designed to show the overt and covert influences of power and privilege in our society. In the "game" students will see how society views gender, race, socio-economic status, and other dimensions of diversity. This powerful activity will help you see new and different perspectives. This session will be offered twice on:

**Thursday, November 3 and 12:15-1:15pm and 1:40-2:40pm, University Center Ballroom
375**

Milk

Milk begins on Harvey Milk's 40th birthday, when he was living in [New York City](#) and had not yet settled in San Francisco. It chronicles his foray into city politics, and the various

battles he waged in the Castro neighborhood as well as throughout the city, and political campaigns to limit the rights of gay people in 1977 and 1978 run by [Anita Bryant](#) and [John Briggs](#). His romantic and political relationships are also addressed, as is his tenuous affiliation with troubled Supervisor Dan White; the film ends with White's double murder of Milk and Mayor [George Moscone](#). Open discussion will follow the screening.

Wednesday, November 7, 7:00pm, Student Union, 107-A

Preparing for Graduate School

Peg Griffin, NKU Graduate Programs Are you thinking about attending Graduate School? Not sure where to begin? This session will explain what graduate school is, who should consider it, and how to apply. There will be plenty of time to ask lots of questions about your options!

Monday, November 9, 1:00-1:50pm, Student Union, 302

Resume Writing

Career Development Center As your personal brand, your resume must be the best representation of your skills, experiences and achievements. Identify the skills you have gained during your collegiate experience and learn how to best market them to future employers. If you have a resume, please bring a copy!

Wednesday, November 11, 4:00-4:50 pm, Student Union, 105

Let's Talk About IT!

Kelly Addington and Becca Tieder are experts on sexual assault awareness and prevention as well as sexual empowerment. While in college at the University of West Florida, these two lifelong friends endured a personal experience with sexual assault that forever changed their lives and sent them on a journey to uncover true sexual empowerment. The duo have served as consultants for Dateline NBC and were guests on a recent Dateline episode titled, "Stranger Danger", an exposé on the dangers of sexual assault and date rape drugs. They

have also been featured on CNN, The Morning Show with Mike and Juliet, NBC, ABC, CBS, Fox and NPR.

Thursday, November 15, 8:00pm, Student Union, 107-A

Leading from YOUR Strengths

Brian Combs, Baptist Campus Ministry Based on the work of Marcus Buckingham, this session will allow participants to identify their best strengths. This awareness will allow participants to adjust their life around your specific strengths. Three core beliefs will be examined in this session: 1. You were born different from everyone else. 2. You are the best teacher about what makes you different. 3. You must learn this to perform better to achieve your greatest personal success.

Monday, November 16, 4:00-4:50pm, Student Union, 109