

Practicum
COU 690-001

Spring 2008

Wednesday 6:15-9:00

INSTRUCTOR: Dr. Jacqueline Smith, Ed.D., LPCC

OFFICE LOCATION: BEP Room 203F

HOURS: By Appointment

TELEPHONE: Office: 572-6149

Secretary: 572-5604

COURSE DESCRIPTION: The purpose of this course is to provide students with supervised field experiences in counseling. Students will be required to carry liability insurance for this course.

OBJECTIVES: Students will be able to:

- 1) Demonstrate positive counselor characteristics
- 2) Develop and maintain a therapeutic relationship
- 3) Establish appropriate counseling goals and intervention strategies
- 2) Evaluate client outcome
- 4) Successfully terminate with clients
- 5) Demonstrate ethical responsibility in direct counseling services
- 6) Participate in case conceptualizations and presentations
- 7) Understand and be accepting of the critical role of supervision in counselor training

REQUIRED TEXTS:

Boylan, J.C., Malley, P.B., & Reilly, E.P. (2001). *Practicum and Internship: Textbook and Resource Guide for Counseling and Psychotherapy*, 3rd ed. New York: Brunner-Routledge.

Corey, M.S. & Corey, G. (2007). *Becoming a Helper*, 5th ed. Pacific Grove, CA: Brooks/Cole.

RECOMMENDED TEXTS:

Zuckerman, E.L. (2005). *Clinical thesaurus*, 5th ed. New York: Guilford.

COURSE REQUIREMENTS:

All requirements must be met in order to receive a passing grade in this course. In addition, all work submitted must reflect the student's own individual work. Any academic dishonesty such as cheating or plagiarism will result in either a failing grade in the course, a failing grade on the assignment, or other stipulations, which are up to the instructor based on the nature of the case.

The work you will do in this course is subject to the Student Honor Code. The Honor Code is a commitment to the highest degree of ethical integrity in academic conduct, a commitment that, individually and collectively, the students of Northern Kentucky University will not lie, cheat, or plagiarize to gain an academic advantage over fellow

students or avoid academic requirements. A copy of the Code may be found in the NKU Student Handbook and at the Dean of Students' page on the NKU website at <http://www.nku.edu/~deanstudents/> .

Attendance: Students will be expected to actively participate in role-play activities, case consultation, and case consultation. Due to the experientially-based nature of the course, attendance and punctuality will be important to the final grade. PLEASE MUTE OR TURN OFF ALL PAGERS, BEEPERS, AND CELL PHONES DURING CLASS.

Assignments:

- A) Personal philosophy of counseling – Students will be required to write a short paper regarding their personal philosophy on the nature of counseling
- B) Theoretical Orientation paper - Students will be required to write a paper describing their theory-based conceptual framework for working with clients.
- C) One case presentation to the class. Format will be provided.
- D) Client caseload – Students must complete a minimum total of 100 clock hours with 40 hours of direct service to clients including individual and group counseling experiences. This will include leading and co-leading an on-going group and counseling several on-going clients (6+ sessions involving tasks such as interviewing, assessment, treatment planning, and implementing strategies).
- E) Video-Audiotapes – As part of your supervision, students will be required to turn in video-audiotapes to demonstrate their use of counseling skills
- F) Students will maintain a compilation of a journal and log of daily activities.
- G) Attend individual/triadic supervision to discuss cases and process notes.
- H) Client charts – Students must maintain a chart for each client. All information (initial interview, progress notes, etc.) in these charts is to be treated as strictly confidential and students are expected to maintain the necessary precautions to guarantee privacy and confidentiality of your clients. Forms will be provided.

Grading Policy:

All students will be receiving a midterm and final evaluation. Students who successfully demonstrate mastery of all of the above assignments are generally awarded an “A” for the course. Students who successfully show increasing competence in all the above assignments are generally awarded a “B”. Students who show deficits in one or more of the above assignments may be awarded a “C” grade or lower or be required to repeat the course at a later date. Further information and rubrics will be shared throughout the semester.

SCHEDULE

DATE	TOPIC	READINGS	
		Boylan	Corey
Week 1 1/26	Introduction and course expectations; review forms	-----	-----
Week 2 1/23	Lecture: Turning theory into practice	-----	-----
Week 3 1/30	Lecture: Report writing & Case conceptualization	Chpt. 1-4	Chpt. 1-3
Week 4 2/6	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	Chpt. 5	Chpt.4-6
Week 5 2/13	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 6 2/20	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 7 2/27	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 8 3/5	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 9 3/12	SPRING BREAK!!!!		
Week 10 3/19	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 11 3/26	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 12 4/2	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 13 4/9	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 14 4/16	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
Week 15 4/23	Role-playing; case presentation & discussion; reviewing tapes; small group supervision	TBA	TBA
FINAL WEEK 4/30	Role-playing; case presentation & discussion; reviewing tapes; small group supervision		

*This syllabus is subject to change to meet the needs/demands of the class as deemed necessary by the instructor.