

NKU Athletic Training Program Sample Academic Plan

Freshman Year

FALL Pre-professional				SPRING Pre-professional			
Dept	#	Title	Hrs	Dept	#	Title	Hrs
PSY	100	Introduction to Psychology Gen Ed	3	HEA	160	Personal Health	3
		Fine Arts Gen Ed	3	IFS	105	Computer Proficiency	3
ENG	101	College Writing Gen Ed	3	ENG		Literature Gen Ed	3
MAT or STA		Math Gen Ed	3	SPE	101	Speech Comm Gen Ed	3
BIO	126	Human Nutrition	3	BIO	208	Anatomy & Physiology I	3
			15	BIO	208L	Anatomy & Physiology I Lab	1
							16

Sophomore Year

FALL Pre-professional				SPRING Professional			
Dept	#	Title	Hrs	Dept	#	Title	Hrs
HEA	135	Safety & First Aid	3			Non-western Gen Ed	3
		Social Science Gen Ed	3	HIS		History Gen Ed	3
ENG	291	College Writing II	3	PHE	200	Concepts of Lifetime Fitness	2
BIO	209	Anatomy & Physiology II	3	ATP	333	Lower Extremity Evaluation	3
BIO	209L	Anatomy & Physiology II lab	1	PHE	370	Biomechanics	3
ATP	280	Pre-Athletic Training	1	ATP	296	Athletic Training Clinical I	2
PHE	280	Introduction to Athletic Training	3				16
			17				

Sophomore Summer - Pre-professional

Dept	#	Title	Hrs
ATP	300	Equipment Intensive Field Ex Practicum	1

Junior Year

FALL Professional				SPRING Professional			
Dept	#	Title	Hrs	Dept	#	Title	Hrs
ATP	334	Upper Extremity Evaluation	3			Social or Behavioral Sci Gen Ed	3
ATP	420	General Medical for Athletic Training	3	PHE	360	Statistics & Measurements	3
ATP	425	Therapeutic Modalities	4	PHE	260	Principles of Strength Training	3
PHE	440	Physiology of Exercise	3	ATP	440	Rehabilitation of Athletic Injuries	4
ATP	394	Athletic Training Clinical II	2	ATP	396	Athletic Training Clinical III	2
		Race and Gender Gen Ed	3				15
			18				

Junior Summer - Professional

Dept	#	Title	Hrs
ATP	400	General Medical Field Ex Practicum	1

Senior Year

FALL Professional				SPRING Professional			
Dept	#	Title	Hrs	Dept	#	Title	Hrs
ATP	435	Administration of Athletic Health Care	3			Electives/Concentration/Minor	4+
PHE	465	Exercise Prescription	3			Humanities Gen Ed	3
ATP	430	Pharmacology for Athletic Training	3	ATP	455	Current Issues in Athletic Training	2
PSY	405	Counseling	3	ATP	496	Athletic Training Clinical V	2
ATP	494	Athletic Training Clinical IV	2	ATP	450	Rehabilitation Field Ex Practicum	1
		Humanities Gen Ed	3				12
			17				