

Psalm 126 *In convertendo*

שִׁיר הַמְעֲלֹת

1 When the LORD restored the fortunes of Zion, \* then were we like those who dream.

בְּשׁוּב יְהוָה אֶת־שִׁבְת צִיּוֹן

הָיִינוּ כְּחֹלְמִים:

2 Then was our mouth filled with laughter, \* and our tongue with shouts of joy.

אָז יִמְלֵא שְׂחֹק פִּינוֹ

וְלִשׁוֹנֵנוּ רִנָּה

3 Then they said among the nations, \*

אָז יֹאמְרוּ בְּגוֹיִם

הַגְּדִיל יְהוָה לַעֲשׂוֹת

“The LORD has done great things for them.”

עִם־אֱלֹהִים:

4 The LORD has done great things for us, \*

הַגְּדִיל יְהוָה לַעֲשׂוֹת לְעַמּוֹנוּ

and we are glad indeed.

הָיִינוּ שְׂמֵחִים:

5 Restore our fortunes, O LORD, \*

שׁוּבָה יְהוָה

אֶת־שְׁבוּתֵנוּ/שְׁבִיתָנוּ

like the watercourses of the Negev.

כַּאֲפִיקֵי־מַיִם בְּנֶגֶב:

6 Those who sowed with tears \*

הִזְרְעִים בְּדִמְעָה

will reap with songs of joy.

בְּרִנָּה יִקְצְרוּ:

7 Those who go out weeping, carrying the seed, \*

הֵלְכוּ יֹלְדִים וּבְכֵהִים

נֹשְׂאֵי מְנִשֵּׁה־הַזֶּרַע

will come again with joy,  
shouldering their sheaves.

בָּא־יָבוֹא בְּרִנָּה  
נֹשְׂאֵי אֲלֻמֹּתָיו:

or Canticle 3 or 15 (The Song of Mary *Magnificat*)

Luke 1:46-56

46 Καὶ εἶπεν Μαριάμ,

Μεγαλύνει ἡ ψυχὴ μου τὸν κύριον,

47 καὶ ἠγαλλίασεν τὸ πνεῦμά μου ἐπὶ τῷ θεῷ τῷ σωτηρὶ μου,

48 ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ.

ἰδοὺ γὰρ ἀπὸ τοῦ νῦν μακαριοῦσίν με πᾶσαι αἱ γενεαί,

49 ὅτι ἐποίησέν μοι μεγάλα ὁ δυνατός.

καὶ ἅγιον τὸ ὄνομα αὐτοῦ,

50 καὶ τὸ ἔλεος αὐτοῦ εἰς γενεὰς καὶ γενεὰ

τοῖς φοβουμένοις αὐτόν.

51 Ἐποίησεν κράτος ἐν βραχίονι αὐτοῦ,

διεσκόρπισεν ὑπερηφάνους διανοίᾳ καρδίας αὐτῶν·

52 καθεῖλεν δυνάστας ἀπὸ θρόνων

καὶ ὕψωσεν ταπεινοὺς,

53 πεινῶντας ἐνέπλησεν ἀγαθῶν

καὶ πλουτοῦντας ἐξάπέστειλεν κενούς.

54 ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,

μνησθῆναι ἐλέους,

55 καθὼς ἐλάλησεν πρὸς τοὺς πατέρας ἡμῶν,

τῷ Ἀβραάμ καὶ τῷ σπέρματι αὐτοῦ εἰς τὸν αἰῶνα.

1 Thessalonians 5:16-24

16 Πάντοτε χαίρετε,

17 ἀδιαλείπτως προσεύχεσθε,

18 ἐν παντὶ εὐχαριστεῖτε· τοῦτο γὰρ θέλημα θεοῦ ἐν Χριστῷ Ἰησοῦ εἰς ὑμᾶς.

19 τὸ πνεῦμα μὴ σβέννυτε,