

Sports Medicine Pre-participation Forms

On behalf of the NKU Sports Medicine Staff, it is my pleasure to welcome you to NKU. In the following pages you will find important information regarding the policies and procedures governing medical clearance and athletic insurance coverage. Again this year, in a continuing effort to provide you with the most comprehensive and most efficient medical care, we have made some slight changes to these policies and procedures. Please read each of these pages carefully and then complete each form according to the instructions below. If you have further questions regarding any of NKU's Sports Medicine policies or procedures, please feel free to contact me. We look forward to a successful and injury-free year.

Molly Hutson, MEd, ATC
Associate Athletic Director
-Sports Medicine & Risk Management
Northern Kentucky University
859-572-1487

Instructions for the completion of medical forms:

1. RETURNING ATHLETES –

- PLEASE PRINT OUT **FORMS 1-6** AND COMPLETE EACH OF THE FORMS INDICATED IN THE LIST BELOW

2. FRESHMAN AND TRANSFERS-

- PLEASE PRINT OUT **FORMS 1-6** AND COMPLETE EACH OF THE FORMS INDICATED IN THE LIST BELOW

- NEED TO ALSO FILL OUT **FORM 7-** MEDICAL HISTORY FORM

3. FRESHMAN AND TRANSFERS-

- ON THE VOLLEYBALL, MEN'S SOCCER, AND WOMEN'S SOCCER MUST HAVE **FORM 8-** PHYSICAL

*The completion of **ALL** pages in this packet is REQUIRED BEFORE any student-athlete will be permitted to participate in any team activities.

Form 1: Northern Kentucky University Medical Clearance Policy
-Signed and dated by parent(s) and student-athlete
-Print student-athlete's name

Form 2: NKU Office of Intercollegiate Athletics Authorization to Render Medical Treatment
-Print student-athlete's name in blank at top of form
-Signed and dated by student-athlete
-Signed and dated by parent/guardian ONLY IF STUDENT-ATHLETE IS UNDER 18 YRS OLD

Form 3: NKU Office of Intercollegiate Athletics Consent for the Release of Medical Information
-Signed and dated by student-athlete

-Signed and dated by parent/guardian ONLY IF STUDENT-ATHLETE IS UNDER 18 YRS OLD

Form 4: Northern Kentucky University Athletic Insurance Policy – **2 PAGES**

Page 1: Initialed as indicated by BOTH parent and student-athlete
PRINT student-athlete's name

Page 2: Signed and dated by parent(s) and student-athlete
PRINT student-athlete's name

Form 5: Parent Information Form

- LEGIBLY Complete all information
- Signed and dated by parent(s) and student-athlete

Form 6: Injury Procedures

- Signed and dated by student-athlete and parents

Form 7: Medical History Form – FRESHMAN and TRANSFERS ONLY

- Please fill out completely all 3 pages
- Signed and dated by student-athlete

Form 8: Physical- FRESHMEN AND TRANSFER ATHLETES ON THE VOLLEYBALL, MEN'S SOCCER or WOMEN'S SOCCER

- Because you are participating in practice or conditioning sessions prior to August 10th you are REQUIRED to obtain a baseline pre-participation physical from their own physician. This physical must be signed by a Medical Doctor (MD) or Doctor of Osteopathy (DO). Physicals signed by any other practitioner (physician's assistant, nurse practitioner, chiropractor, etc) will NOT be accepted.
- You will not be permitted to practice with your team until a valid physical has been received by the Sports Medicine department.
- All incoming freshmen and transfers will still be REQUIRED to be seen by NKU team physicians during the time listed above for each team. If you are an incoming freshman or transfer student-athlete on one of these three teams, this form can be taken with you to your personal physician to get a baseline physical. This form can either be mailed with the rest of the forms in this packet or can be brought with you the first day of practice.

****THE FORMS NEED TO BE RETURNED BY AUGUST 1, 2009****

***After you have completed all of the forms in this packet, please send them to:

Frank Shipley, ATC
218 AHC Nunn Drive
Highland Heights, KY 41099

ALL SIGNED FORMS MUST BE RECEIVED IN THE ATHLETIC TRAINING OFFICES BEFORE THE FIRST DAY OF SCHEDULED PRACTICE.

If you have any questions regarding the completion of these forms, please feel free to contact the Sports Medicine department at 859.572.5118.